

Cate Alston

Actor

www.CateAlston.com
Alston.Cate@gmail.com

FILM/TV:

Succession

Extra

HBO

THEATRE:

Cadillac Crew	Abby	WAM Theatre	dir. taneisha duggan
Bite-Sized Annual Spooktacular	Earl	Abrons Arts Center	dir. Emma Hasselbach
Measure For Measure	Angelo	Worcester Shakespeare Company	dir. Mel Cobb
Roe	Roxy	WAM Theatre	dir. Kristen Van Ginhoven
A Midsummer Night's Dream	Titania	University at Albany	dir. Chad Larabee
Intimate Apparel	Esther Mills	University at Albany	dir. Kim Stauffer
A Streetcar Named Desire	Stella Dubois	University at Albany	dir. Kim Stauffer
Our Country's Good+	Mary Brenham	University at Albany	dir. Chad Larabee
HAIR	Chrissy	University at Albany	dir. Chad Larabee
Almost, Maine	Gayle	University at Albany	dir. Chris Tucci
Hairspray	Motormouth	Talent Unlimited HS	dir. Brooke Berry-Wolf
Rebel/Sister*	Ahdia	University at Albany	dir. Chad Larabee
Break: A New Musical*	Clara	Troy Civic Arts Center	dir. Caity Gallagher

TRAINING:

Meisner Technique	Gary Kingston	The Neighborhood Playhouse
On-Camera Acting	Todd Susman	The Neighborhood Playhouse
TV Acting Masterclass	Debra Jo Rupp	University at Albany
Stanislavski Technique	Chad Larabee	University at Albany
Shakespearean Technique	Kim Stauffer	University at Albany
Musical Theater Acting	Stephen Agosto	Talent Unlimited HS
Stage Combat	Lee Lobenhofer	The Neighborhood Playhouse
Contact Improvisation	Kim Stauffer	University at Albany
Viewpoints	Kim Stauffer	University at Albany
Jazz	Etta Fink	University at Albany
Musical Theater Dance	Stephen Agosto	Talent Unlimited HS
Voice Acting	Todd Susman	The Neighborhood Playhouse
Musical Theater Singing	Rachael MacKenzie	University at Albany
Dialect Work (North Carolina)	Jacqueline Springfield	University at Albany
Dialect Work (Mississippi)	Jenna May Cass	University at Albany
Dialect Work (Virginia)	Elisa Rodriguez	WAM Theatre

SPECIAL SKILLS: **Athletics**- Roller Skating, Running, Kayaking, Ice Skating, Skateboarding, Soccer, Tennis, Cycling, and Bowling. **Oddities**- Wiggle Ears, Juggling. **Other** - Styles Black Hair, U.S. Passport, and Costume Design.

+Swing

*World Premiere